

ACTUALIDOS A 02/04/2023

RECORDS MASCULINOS PISCINA DE 25

50L	OSCAR ALONSO	0-24-11	Santiago, 20/12/18	
100L	MARIO MENDEZ	0-52-71	Mos, 28/05/22	
200L	MARIO MENDEZ	1-52-80	P.Mallorca, 27/11/21	
400L	MARIO MENDEZ	3-53-68	Sabadell, 17/12/22	
800L	MARIO MENDEZ	7-58-26	Sabadell, 18/12/22	
1500L	MARIO MENDEZ	15-29-59	P.Mallorca, 25/11/21	
50E	MARIO MENDEZ	0-28-25	Lugo, 30/12/21	
100E	MARIO MENDEZ	1-00-33	Ponteareas, 25/04/21	
200E	MARIO MENDEZ	2-09-57	Ponteareas, 30/10/22	
50M	MARIO MENDEZ	0-27-13	Sabadell, 17/12/22	
100M	MARIO MENDEZ	0-58-75	Sabadell, 16/12/22	
200M	MARIO MENDEZ	2-03-54	Lugo, 27/11/22	
50B	ADRIAN GANDARA	0-30-47	Santiago, 30/12/18	
100B	ADRIAN GANDARA	1-06-94	Santiago, 28/12/18	
200B	MARIO MENDEZ	2-22-70	Lugo, 26/11/22	
100S	OSCAR ALONSO	0-59-03	Santiago, 29/12/18	
200S	MARIO MENDEZ	2-02-85	Sabadell, 17/12/22	
400S	MARIO MENDEZ	4-14-90	Sabadell, 16/12/22	RG

RECORDS MASCULINOS EN PISCINA DE 50

50L	HUGO RODRÍGUEZ	0-25-92	Gijón, 09/03/23
100L	MARIO MENDEZ	0-55-11	Ourense, 01/07/22
200L	MARIO MENDEZ	1-56-84	Ourense, 16/07/22
400L	MARIO MENDEZ	4-03-42	P.Mallorca, 02/04/23
800L	MARIO MENDEZ	8-18-10	Sabadell, 20/07/22
1500L	MARIO MENDEZ	15-47/53	P.Mallorca, 29/03/23
50E	MARIO MENDEZ	0-29-28	Ourense, 01/07/22
100E	MARIO MENDEZ	1-04-22	Ourense, 03/07/22
200E	MARIO MENDEZ	2-15-45	Ourense, 29/05/21
50M	MARIO MENDEZ	0-27-76	Sabadell 24/07/22
100M	MARIO MENDEZ	1-00-61	Málaga, 10/04/22
200M	MARIO MENDEZ	2-09-23	Sabadell, 27/03/21
50B	JORGE PASTORIZA	0-33-58	Ourense, 25/02/23
100B	ADRIAN BOUZA	1-12-69	Ourense, 17/06/17
200B	ADRIAN BOUZA	2-32-94	Pontevedra, 06/07/19
200S	MARIO MENDEZ	2-09-40	P.Mallorca, 01/04/23
400S	MARIO MENDEZ	4-29-74	Sabadell, 21/07/22

RECORDS FEMENINOS EN PISCINA DE 25

50L	MARIA ALVAREZ	0-27-30	Carballo, 07/05/22
100L	MARIA ALVAREZ	0.59.51	Lugo, 27/11/22
200L	MARIA ALVAREZ	2-08-50	Monforte, 21/01/23
400L	ALICIA CONDE	4-31-82	Vigo, 17/11/13
800L	ALICIA CONDE	9-13-66	Ferrol, 29/12/13
1500L	ALICIA CONDE	17-57-82	Santiago, 11/01/14
50E	CARMEN BLANCO	0-30-86	Carballo, 26/03/22
100E	CARMEN BLANCO	1-04-96	Sabadell, 16/12/22
200E	CARMEN BLANCO	2-16-89	Sabadell, 18/12/22 MMG16A
50M	NINA RODRIGUEZ	0-29-24	Lugo, 29/12/21
100M	NINA RODRIGUEZ	1-07-19	Ponteareas, 02/04/21
200M	CARLOTA RIVAS	2-37-51	Ribeira, 18/04/15
50B	ANA PEREZ	0-36-03	Ponteareas, 22/03/14
100B	ANA PEREZ	1-16-75	Ponteareas, 22/03/14
200B	ANA PEREZ	2-44-89	Monforte, 27/04/14
100S	NINA RODRIGUEZ	1-08-39	Lugo, 28/12/21
200S	MARIA ALVAREZ	2-30-95	Lugo, 25/11/22
400S	ANA PEREZ	5-17-20	Monforte, 04/05/14

RECORDS FEMENINOS EN PISCINA DE 50

50L	MARIA ALVAREZ	0-27-60	P.Mallorca, 01/04/23
100L	MARIA ALVAREZ	0-59-46	P.Mallorca, 31/03/23
200L	MARIA ALVAREZ	2-10-41	Logroño, 31/07/22
400L	ALICIA CONDE	4-31-46	Barcelona, 20/07/14
800L	ALICIA CONDE	9-21-47	Pontevedra, 28/02/14
1500L	MARIA ALVAREZ	18-35-52	Ourense, 20/02/22
50E	CARMEN BLANCO	0-31-59	Ourense, 18/06/22
100E	CARMEN BLANCO	1-06-64	Sabadell, 21/07/22
200E	CARMEN BLANCO	2-23-54	Sabadell, 23/07/22
50M	NINA RODRIGUEZ	0-29-97	Pontevedra, 08/02/22
100M	NINA RODRIGUEZ	1-08-67	Ourense, 01/07/22
200M	CARLOTA RIVAS	2-42-03	Ourense, 18/07/15
50B	ANA PÉREZ	0-37-46	Ourense, 06/07/14
100B	ANA PÉREZ	1-19-46	Ourense, 06/07/14
200B	ANA PÉREZ	2-47-42	Barcelona, 20/07/14
200S	ANA PÉREZ	2-30-00	Ourense, 04/07/14
400S	MARIA ALVAREZ	5-24-48	Cervo, 09/07/22

RECORDS RELEVOS MASCULINOS EN PISCINA DE 25

- 4x50L** **1-39-36** Mos, 25/03/23
HUGO RGUEZ.-TEO ALONSO-SAMUEL PIÑEIRO-MARIO MENDEZ
- 4x100L** **3-44-38** Santiago, 10/12//22
MARIO MENDEZ-TEO ALONSO-MARTIN MASSO-JORGE PASTORIZA
- 4x200L** **7-57-37** Lugo, 25/11/22
JORGE PASTORIZA-MARTIN MASSO-TEO ALONSO-MARIO MENDEZ
- 4x50S** **1-52-05** Santiago, 28/12/18
PEDRO CASTRO-ADRIAN GANDARA-ADRIAN BOUZA-OSCAR ALONSO
- 4x100S** **4-09-49** Mos, 25/03/23
SAMUEL PIÑEIRO-TEO ALONSO-HUGO RGUEZ.-MARIO MENDEZ

RECORDS RELEVOS MASCULINOS EN PISCINA DE 50

- 4x50L** **1-50-13** Pontevedra, 07/07/19
ADRIAN BOUZA-PEDRO CASTRO-DAVID GONZALEZ-MARIO MENDEZ
- 4x100L** **3-50-79** Cervo, 19/02/23
TEO ALONSO-SAMUEL PIÑEIRO-HUGO RODRIGUEZ-MARTIN MASSO
- 4x200L** **8-16-66** Ourense, 02/07/22
TEO ALONSO-MARTIN MASSO-JORGE PASTORIZA-MARIO MENDEZ
- 4x50S** **2-00-58** Ourense, 01/07/22
MARIO MENDEZ-JORGE PASTORIZA-TEO ALONSO-MARTÍN MASSO
- 4x100S** **4-25-84** Cervo, 19/02/23
SAMUEL PIÑEIRO-TEO ALONSO-HUGO RODRIGUEZ-MARTIN MASSO

RECORDS RELEVOS FEMENINOS EN PISCINA DE 25

4x50L **1-52-84** Carballo, 07/05/22
MARIA ALVAREZ-CARMEN BLANCO-CAYETANA TEIJEIRO-NINA RGUEZ

4x100L **4-05-54** Lugo, 26/11/22
CARMEN BLANCO-IARA GONZALEZ-NINA RGUEZ-MARIA ALVAREZ

4x200L **8-56-45** Lugo, 25/11/22
IARA GONZALEZ-CARMEN BLANCO-NINA RGUEZ-MARIA ALVAREZ

4x50S **2-06-91** Xove, 05/11/22
CARMEN BLANCO-IARA GONZALEZ-NINA RGUEZ-MARIA ALVAREZ

4x100S **4-36-92** Lugo, 27/11/22
CARMEN BLANCO-IARA GONZALEZ-NINA RGUEZ-MARIA ALVAREZ

RECORDS RELEVOS FEMENINOS EN PISCINA DE 50

4x50L **1-55-49** Ourense, 02/07/22
NINA RGUEZ-CARMEN BLANCO-MARIA ALVAREZ-CAYETANA TEIJEIRO

4x100L **4-17-04** Ourense, 02/07/22
MARIA ALVAREZ-CARMEN BLANCO-CAYETANA TEIJEIRO-NINA RGUEZ

4x200L **9-26-81** Ourense, 18/07/21
NINA RGUEZ-CARMEN BLANCO-SOFIA LORENZO-MARIA ALVAREZ

4x50S **2-10-35** Ourense, 01/07/22
CARMEN BLANCO-NAIARA ARROJO-NINA RGUEZ-MARIA ALVAREZ

4x100S **4-54-27** Ourense, 03/07/22
CARMEN BLANCO-ANTIA PIÑEIRO-NINA RGUEZ-MARIA ALVAREZ

